



Nova Scotia/Nunavut Command
The Royal Canadian Legion

61 Gloria McCluskey Avenue
Dartmouth, Nova Scotia B3B 2Z3

Tel: 902-429-4090
Fax: 902-429-7481



ns.legion.ca

All Branch Mail Out #3

Date: January 11, 2024

To: NS/NU Branches
NS/NU Executive Council
NS/NU Zone Commanders
NS/NU Past Presidents
NS/NU Command Staff

From: Comrade Craig Hood
Executive Director
NS/NU Command, RCL

Subject: Mental Health First Aid – Halifax and Region
Military Resource Centre

Message: Comrades: Please see information below: Please note that whilst the registration deadline states January 22nd this is only to meet the minimum number required – once met registrants will be accepted up to 1 week before the course.



Halifax & Region Military Family Resource Centre

23h · 🌐



Join us on March 26 to become certified in Mental Health First Aid: Veteran Community. Delivered virtually, you can complete this certification from the comfort of your own home in one day, with a package to be completed in advance of the course.

Early registration is required, no later than Monday, January 22. Secure your spot today and contact Military Family Navigator, Nancy Belanger at Nancy.Belanger@hrmfr.ca or call 902-427-7209.

Joignez-vous à nous le 26 mars pour obtenir une certification en premiers soins en santé mentale : Communauté des vétérans. Ce cours virtuel vous permettra de compléter cette certification dans le confort de votre foyer en une journée, avec une trousse à compléter avant le cours.

Une inscription en avance est requise, au plus tard le lundi 22 janvier. Réservez votre place dès aujourd'hui et contactez Nancy Bélanger, navigatrice pour les familles des militaires, à l'adresse nancy.belanger@hrmfr.ca ou au 902-427-7209.



Mental Health First Aid

Tuesday, March 26

9:00am to 5:30pm

Virtual

Register by Monday, January 22
to secure your seat

**H&R
MFRC**