



Nova Scotia/Nunavut Command  
The Royal Canadian Legion

61 Gloria McCluskey Avenue  
Dartmouth, Nova Scotia B3B 2Z3

Tel: 902-429-4090

Fax: 902-429-7481

Email: [info@ns.legion.ca](mailto:info@ns.legion.ca)

[ns.legion.ca](http://ns.legion.ca)

## All Branch Mail Out #70

**Date:** December 2, 2019

**TO:** NS/NU Branches  
ATTENTION: Branch Presidents  
NS/NU Executive Council  
NS/NU Zone Commanders  
NS/NU Past Presidents

**From:** Comrade Marion Fryday-Cook  
President  
NS/NU Command, RCL

**Subject:** Christmas Message

**Message:** See Attached President Fryday-Cook's Christmas message to NS/NU Command Members. Please post in your branch.



Comrades,

As President of Nova Scotia/Nunavut Command, it gives me great pleasure, on behalf of the members of Executive Council and our Command Staff to wish the Members of NS/ NU Command a very Merry Christmas and a healthy and happy New Year.

Always keep in mind that our veterans and serving members have made it possible for us to celebrate with our own families in peace during the Christmas season.

As we approach the Holidays, please keep those of our serving military in your thoughts. Many of these members are away from family and friends during this time, keeping the world a safer place for us.

Please remember all the good work our members do to support our veterans and communities all year long and celebrate that. You do make a difference in the lives of veterans and many people in this Command.

I wish you a blessed holiday season. May this Christmas bring you comfort, joy, peace and happiness to last throughout the coming year!

In Comradeship  
Marion Fryday-Cook  
President  
Nova Scotia/Nunavut Command  
Royal Canadian Legion