



Nova Scotia/Nunavut Command  
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## All Branch Mail Out #85

**Date:** October 12, 2023

**TO:** NS/NU Branches  
NS/NU Executive Council  
NS/NU Zone Commanders  
NS/NU Past Presidents  
NS/NU Command Staff

**From:** Comrade Craig Hood CD  
Executive Director  
NS/NU Command, RCL

**Subject:** Naloxone Education Sessions

### Message:

Comrades: Please see information below provided by Hannah McCarthy, Community Naloxone Trainer. Information sessions can be provided across Nova Scotia:

*Here is an outline of some topics I can cover in my education session:*

*-Overview of Ally Centre services*

*-Harm reduction*

*-Stigma*

*-Naloxone (what is it and how does it work)*

*-Overview of drug categories (types of opioids and what naloxone works for/doesn't work for, illicit substances that are being found in the drug supply in your communities)*

*-Overdose/Drug poisoning risk factors and prevention messaging*

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*-Naloxone medication administration demonstration*

*-Overdose/poisoning response myths*

*-Good Samaritan Act*

*-5 Steps to save a life*

*My training consists of a demonstration on how to use intramuscular naloxone medication for opioid overdose. I can also provide free (intramuscular) naloxone kits to folks who are interested in having one. If there is anything particular you are looking for in regard to education, please let me know and I will include what I can into the presentation.*

Hannah McCarthy

Community Naloxone Trainer

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