



Nova Scotia/Nunavut Command  
The Royal Canadian Legion

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## All Branch Mail Out #34

**Date:** May 23, 2025

**To:** NS/NU Branches  
NS/NU Executive Council  
NS/NU Zone Commanders  
NS/NU Past Presidents  
NS/NU Command Staff

**From:** Comrade Valerie Mitchell-Veinotte  
Executive Director  
NS/NU Command, RCL

**Subject:** Operational Stress Injury Social Support  
(OSISS)

**Message:** Please see attached information for Operational  
Stress Injury Social Support (OSISS).

**Operational Stress Injury Social Support (OSISS), 1-800-883-6094, [www.osiss.ca](http://www.osiss.ca)**

Serving CAF Members, Veterans and their Families since 2001

The role of the Family & Peer Support Coordinator is to provide outreach, inform, and connect families and friends whose loved ones (members & veterans) are living with Operational Stress Injuries (OSIs); which can include but are not limited to; stress, anxiety, depression, addictions, as well as post traumatic stress injury (PTSI).

The OSISS program provides an opportunity for individuals to learn to deal with the effects of OSIs on their lives, and to develop healthy coping strategies. We come together to find support and understanding of a common reality. Through our strength and hope we can move forward on our journeys.

Family members supporting a loved one with an OSI can receive information and resources by calling the Family Peer Support Coordinator in their region, members / veterans can contact the Peer Support Coordinator.

**Confidentiality** is an integral key to the success of the program.

**Danielle Kelly - Chester to Halifax Regional Municipality to Cape Breton**

Family Peer Support Coordinator, Nova Scotia  
902-293-2055  
[danielle.kelly@osiss.ca](mailto:danielle.kelly@osiss.ca)

**Derrick Marshall - Halifax Regional Municipality**

Family Peer Support Coordinator, Nova Scotia  
782-409-4915  
[Jon-Derrick.Marshall@forces.gc.ca](mailto:Jon-Derrick.Marshall@forces.gc.ca)

**Stephen Langille - Chester to Halifax Regional Municipality to Cape Breton**

Peer Support Coordinator, Nova Scotia  
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**Tanya Rice – Wolfville to Yarmouth**

Family Peer Support Coordinator, Nova Scotia  
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**Ken Riles - Windsor to Greenwood to Yarmouth**

Peer Support Coordinator, Nova Scotia  
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