



Nova Scotia/Nunavut Command
The Royal Canadian Legion

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All Branch Mail Out #59

Date: June 8, 2026

To: NS/NU Branches
NS/NU Executive Council
NS/NU Zone Commanders
NS/NU Past Presidents
NS/NU Command Staff

From: Comrade André Boudreau
Poppy & Remembrance Chairman
Nova Scotia/Nunavut Command, RCL

Subject: VETS Canada Food Pantry

Message:

VETS Canada Food Pantry provides a specialized service to Veterans that we do not. Therefore, donations to this organization will be approved through Special Use applications within NS/NU Command Branches.

How the pantry operates:

All recipients must first be verified as Veterans during the application process. The service is available province-wide, including in Cape Breton. The main pantry is on Main Street, Dartmouth, with a smaller location in Greenwood. The pantry uses a credit-based system in which food items are labeled accordingly, and credits are allocated based on family size.

Veterans receive a grocery cart and select their own items, with those who are housed eligible to visit once per month and those who are unhoused—whether in shelters, tents, or pallet shelters—able to access the service weekly. Essential items such as milk, bread, and some toiletries do not require credits. Appointments are scheduled to ensure privacy, particularly for Veterans with PTSD or those who may feel uncomfortable, though walk-ins are accepted to ensure no Veteran is turned away. The pantry also offers delivery for Veterans without transportation or with medical limitations and provides gas cards to those who must travel long distances outside HRM to pick up their groceries. 100% of donations designated for the food pantry are used exclusively to support the pantry itself.

Make cheque payable to VETS Canada and reference in the memo section – Food Pantry and send to:

VETS Canada
211 Main Street
Dartmouth, NS
B2X 1S7

Any questions, please reach out to Executive Director Carrie Hogan at 902-429-4090 ext 4.